A BOLDER, HEALTHIER BIRMINGHAM

2.7 Ageing Well and Dying Well 29
LDEHWHV

List of Figures

)LJXUH ,/*$ PDS RI VH[XDO RULHQWDWLRQ ODZV DURXQG WKH ZRUOG
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List of Tables

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A BOLDER

Methodology

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a. National Data Sources

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Caveats/Limitations

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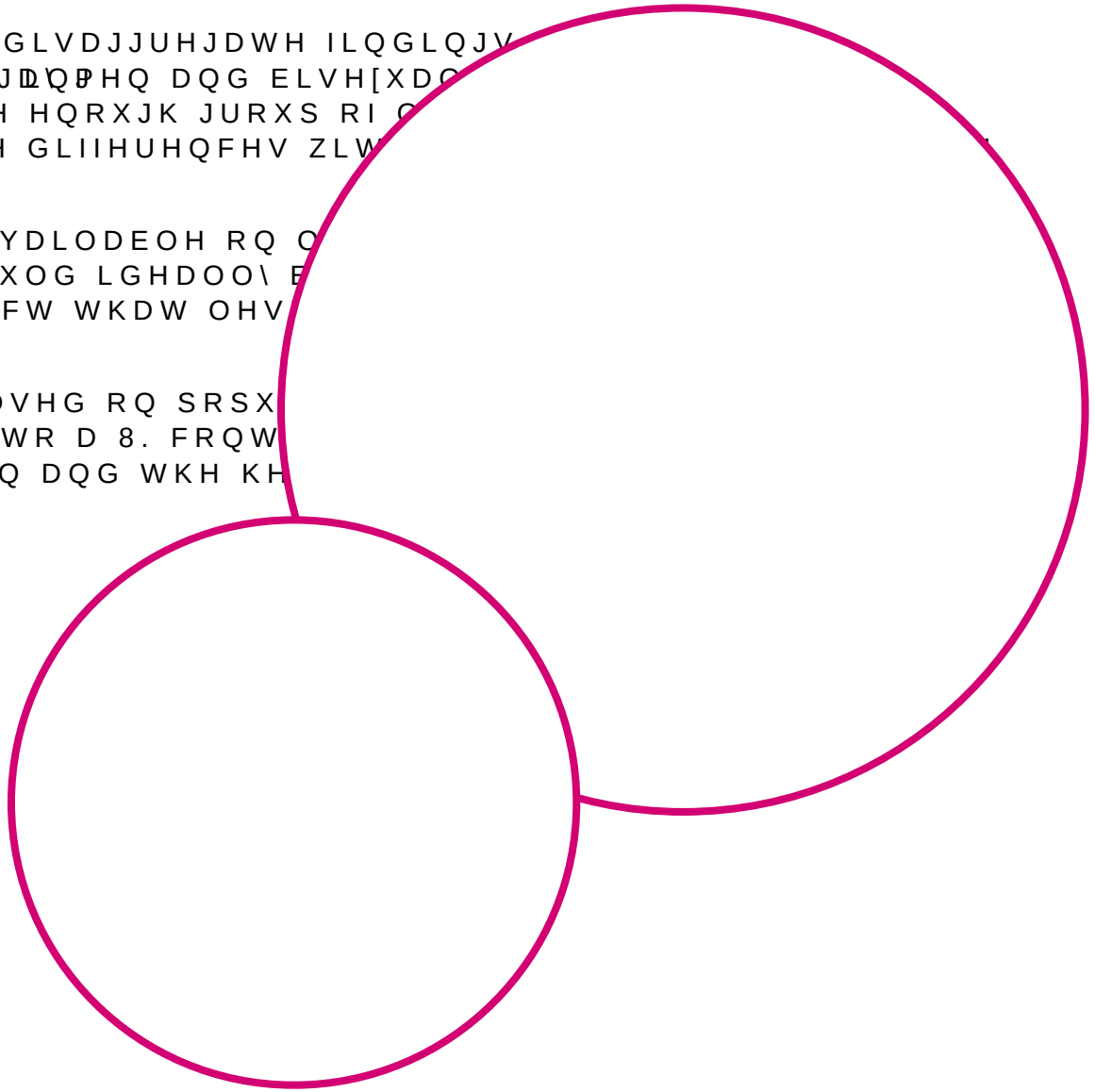
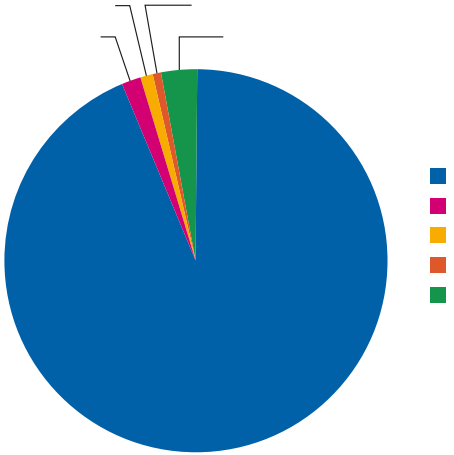


1.3 National Context

The number of lesbians estimated within the UK is not always consistent and can often vary based on survey respondents, categorisation of sexualities, and how lesbianism is de ned. The 2011 census is limited as respondents who identi ed as gay or lesbian could only select a joint categorised lesbian/ gay response.

A report about improving the health and wellbeing of lesbian and bisexual women and other women who have sex with women (LBWSW) stated that LBWSW constitute an estimated 1.9% of the female population in the United Kingdom [12]. According to the ONS, the percentage of those aged 16+ identifying as gay/lesbian in the UK was 1.6% in 2019, as seen by Figure 2, an increase from 1.4% in 2018 (see Appendix 4 for data table)[13].
Those who identi ed as gay/lesbian were lower in females (1.1%) than in males (2.1%). These gures would approximate that today there are around 375,000 people who identify as lesbian in the UK.

Figure 2: Estimated distribution of sexual identity: UK, 2019



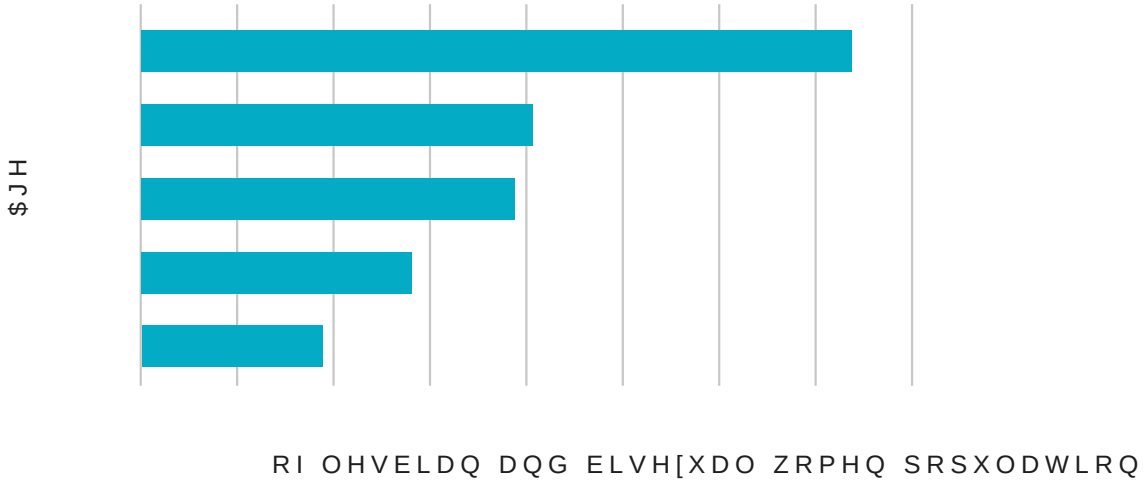
&CVC UQWTEG 1H,EG HQT 0CVKQPCN 5VCVKUVKEU[13]

Note: proportions may not add up to 100% due to rounding

ONS data show younger people (aged 16 to 24) are most likely to identify as lesbian and bisexual, with this age group making up the highest proportion of the lesbian and bisexual population within the UK. The age distribution of lesbians and bisexuals in the UK was as follows: 16-24 (37%), 25-34 (20%),

(see Appendix 5 for data table). Potential reasons for the disparity in age distribution shown is that younger people may be more likely to explore their sexuality, potentially resulting from living in a society with higher social acceptability of LGBT+ identities [13].

Figure 3: Estimated distribution of lesbian and bisexual women by age: UK, 2019



Note: proportions may not add up to 100% due to rounding

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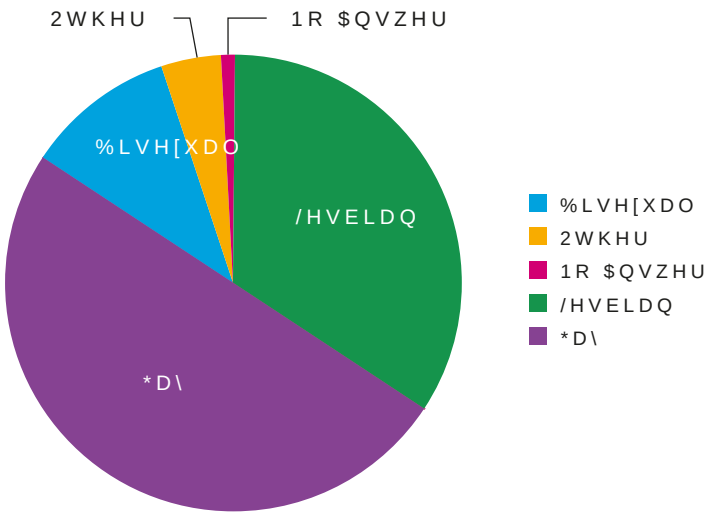
Table 1: Ethnicity among lesbians compared to heterosexuals

Figure 5: Proportion of lesbians compared to other sexual minority populations from a LGBT+ population: Birmingham, 2011



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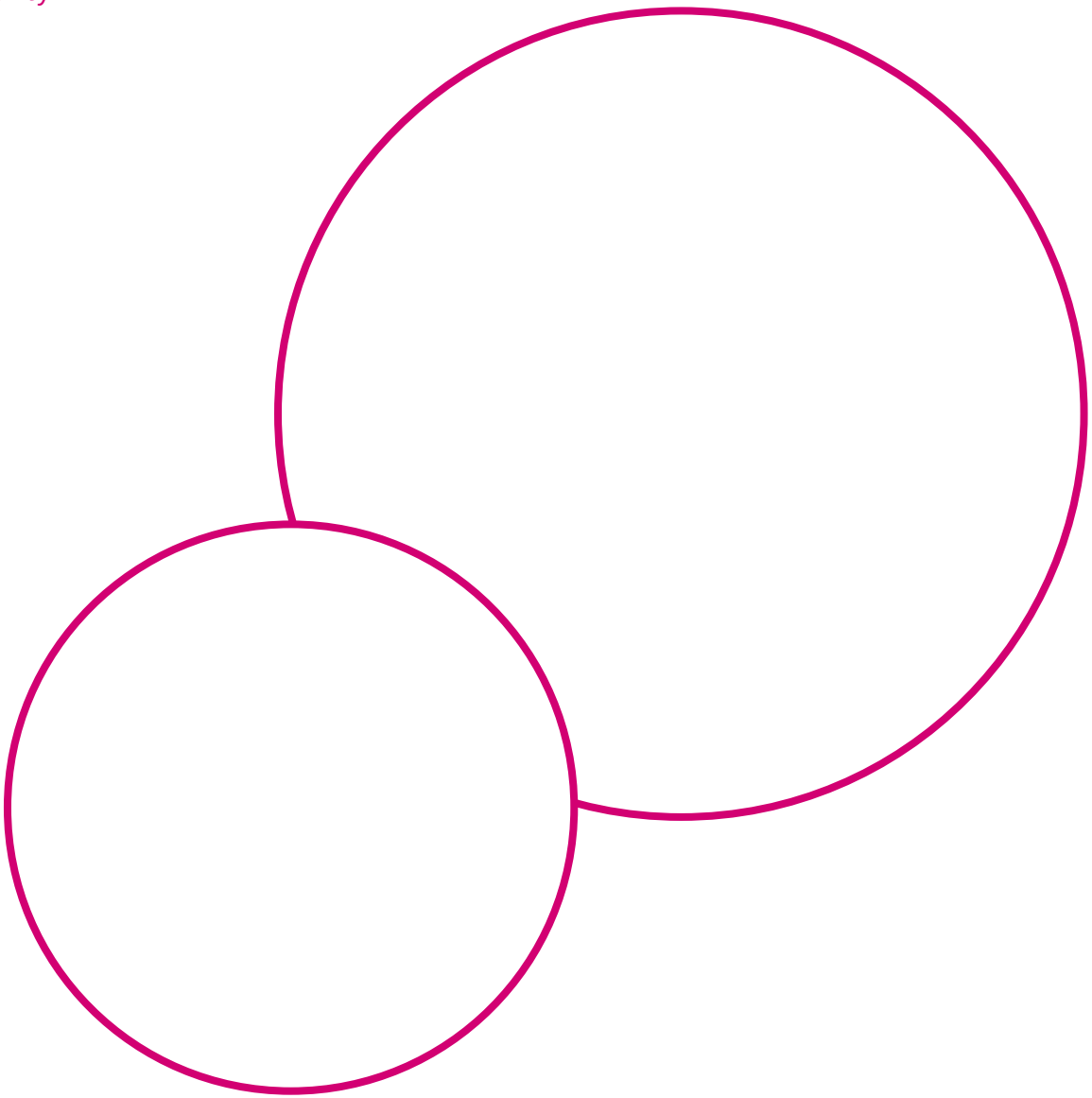
Note: proportions may not add up to 100% due to rounding



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2.1.3 Maternal Health

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2.2 Mental Wellness and Balance

Mental Wellness and Balance key findings:

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2.2.1 Mental Health

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2.2.2 Alcohol

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2.2.6 Hate Crimes and Discrimination

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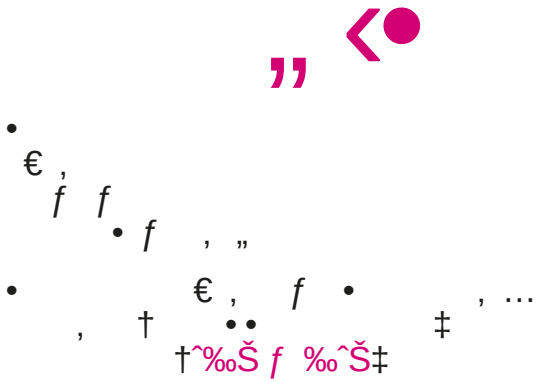
2.3 Healthy and Affordable Food

Healthy and Affordable Food key ndings:

- Around 1 in 5 lesbian and bisexual women had an eating disorder compared to 1 in 20 heterosexual women.
- Lesbians were more likely to have reported a history of weight cycling (losing 10 pounds more than once) than heterosexual women (43% vs 34%).
- Fewer lesbians (49%) were at a healthy bodyweight (a Body Mass Index between 18.5 and 25.0) compared to heterosexual women (54%) and bisexual women (62%).
- Overall, research indicates that the likelihood of a lesbian woman being obese was around 1.5 to 2 times higher than a heterosexual woman.



2.3.1 Diet

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DQ HDWLQJ GLVRUGHU RI OHVELDQV DQG RI ELVH[XDO ZRPHQ KDG EXOLPLD
ZKLOH RI OHVELDQV DQG RI ELVH[XDO ZRPHQ KDG DQRUH[LD

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2.3.2 Obesity

- /HVELDQ DQG ELVH[XDO ZRPHQ DJHG DQG RYHU ZHUH PRUH OLNHO\ WR UHSRUW H[HUFLVLQJ ZHHNO\ WKDQ WKHLU KHWHURVH[XDO VLVWHUV +RZHYHU WKHUH ZDV QR GLIIHUHQFH LQ WKH QXPEHU RI WLPHV SHU ZHHN H[HUFLVHG OHQJWK RI H[HUFLVH RU H[HUFLVH YLJRXU EHWZHHQ OHVELDQV DQG WKHLU VLVWHUV
- /HVELDQV ZHUH PRUH OLNHO\ WR RZQ WKHLU ELF\FOHV WKDQ JD\ PHQ RU ELVH[XDO PHQ RU ZRPHQ &\FOLQJ LV WKH PRVW SRSXODU IRUP RI WUDQVSRUW DPRQJVW OHVELDQ
- 7KH /*%7 JURXS PRVW OLNHO\ WR KDYH D SHUVRQDO WUDLQHU ZHUH JD\ PHQ)RU OHVELDQ JD\ ZRPHQ LW ZDV DOPRVW RQH LQ ILYH ELVH[XDO SHRSOH LW ZDV RQH LQ VL[DQG WUDQV SHRSOH RQH LQ QLQH
- /RRNLQJ DW WKH ILJXUHV IRU WKH WZR ODUJHVW JURXSV OHVELDQ JD\ ZRPHQ PRUH OLNHO\ WR KDYH DFWLYH W\SH MREV WKDQ JD\ PHQ

2YHUDOO WKHUH LV HYLGHQFH WR VXJJHVW WKDW OHVELDQV DUH PRUH DFWLYH WKDQ WKHLU KHWHURVH[XDO FRXQWHUSDUWV 6WLOO WKHUH LV D ODFN RI UHVHDUFK WR LQYHVWLJDWH WKH

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,QWHUQDWLRQDO SXEOLVKHG UHVHDUFK HYLGHQFH

M ,Q WKH 1HWKHUODQGV FKLOGUHQ UDLVHG E\ VDPH VH[SDUHQWV IURP ELUWK SHUIRUPHG EHWWHU DW SULPDU\ DQG VHFRQGDU\ VFKRRO WKDQ FKLOGUHQ UDLVHG E\ GLIIHUHQW VH[SDUHQWV IURP ELUWK

M ,Q WKH 8QLWHG 6WDWHV WKH OLNHOLKRRG RI QRW EHLQJ KLJKO\ HGXFDWHG ZDV ORZHU LQ OHVELDQV FRPSDUHG WR KHWHURVH[XDO ZRPHQ

2.5.2 Economic Activity

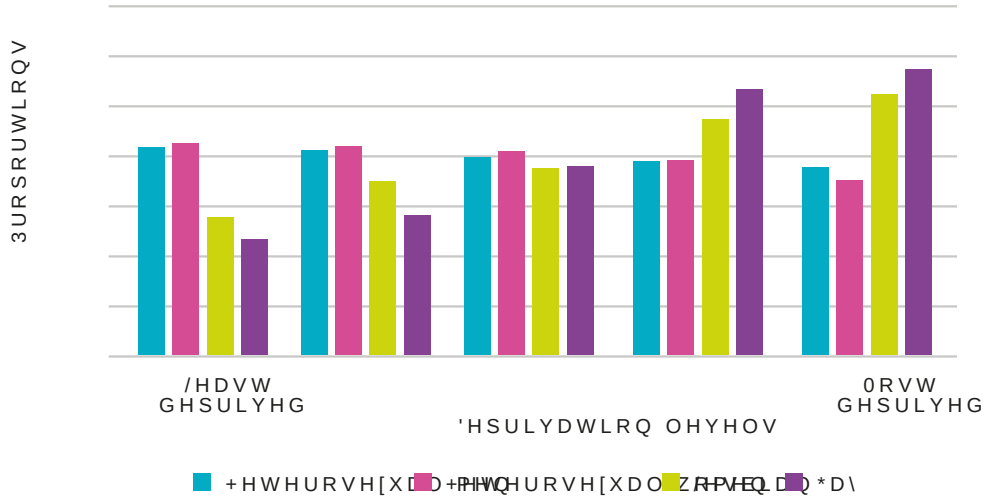
7KHUH LV ZHDN HYLGHQFH RI LQHTXDOLW\ RI HPSOR\PHQW RXWFRPHV E\ VH[XDO RULHQWDWLRQ DOWKRXJK PRVW HYLGHQFH SRLQWV WRZDUGV HPSOR\PHQW UDWHV RFFXSDWLRQDO OHYHOV DQG HDUQLQJV IRU /*% SHRSOH EHLQJ KLJKHU WKDQ WKDW RI KHWHURVH[XDO SHRSOH $ VWXG\ LQYHVWLJDWLQJ ZRPHQBV SD\ IURP ZHVWHUQ FRXQWULHV IRXQG WKDW OHVELDQV ZHUH SDLG PRUH RQ DYHUDJH WKDQ KHWHURVH[XDO ZRPHQ1DWLRQDO 6XUYH\ UHVXOWV RI OHVELDQV OLYLQJ LQ VDPH VH[KRXVHKROGV KDG KLJKHU ZHHNO\ HDUQLQJV [D ZHHN LQ FRPSDUHG WR [LQ ZRPHQ LQ KHWHURVH[XDO KRXVHKROGV +RZHYHU GLIIHUHQFHV LQ ZHHNO\ HDUQLQJV ZHUH QRW VKRZQ ZKHQ FKDUDFWHULVWLFV VXFK DV HGXFDWLRQ ZHUH FRQWUROOHG IRU **OLQHDU** UHJUHVVLRQV VXUURXQGLQJ GLVFUHSDQFLHV LQ SD\ PD\ EH DWWULEXWHG WR OHVELDQV EHLQJ PRUH OLNHO\ WR SXUVXH D FDUHHU LQVWHDG +RZHYHU LW LV QRW FOHDU ZKDW PHFKDQLVP PLJKW H[SODLQ WKLV SRWHQWLDO PXVW EH WDNHQ ZLWK FDXWLRQ DQG IXUWKHU UHVHDUFK LV QHHGHG

2WKHU SXEOLVKHG UHVHDUFK HYLGHQFHV WKDW

M /HVELDQV ZHUH SHUFHQWDJH SRLQWV PRUH OLNHO\ WR EH ZRUNLQJ IXOO WLPH WKDQ RWKHUZLVH VLPLODU KHWHURVH[XDO ZRPHQ

M &RPSDUHG WR RWKHU /*%7 FRPPXQLWLHV LQ %LUPLQJKDP OHVELDQV KDG HPSOR\PHQW UDWHV RI FRPSDUHG WR JD\ WUDQV DQG ELVH[XDO SHRSOH

Figure 7: Deprivation among lesbian, gay and heterosexual men and women: England, 2009 - 2010



2YHUDOOWKHHLGHQFHZXGVXJVWWKDWOHVELDQDUHPRUHOLNHOWRUHSRUW
WKHLUKHDOWKDVIDLURUSRRUEXWWKLVLVQWFRQVLVWHQWDFURVVWKH7KHUHDOVREHGVWR
EHDUHDWHUQHUVWDQGLQJQWKHVELDQSHUFHLWWKHLUKHDOWKWREHIDLURU
SRRU

2.5.5 Long-standing Health Impairment, Illness or Disability

6HSRUWDERXWLPSURYLQJKHDOWKDQGHOOEHLQJOHVELDQDQGELVHXDO
ZRPHQRWKHUZRPHQRRKDYHVHZWKZRPHQWWDWHGWKHIROORZLQ

M 7KHVHOIUHSRUWHGSUHYDOHQFHRIDUWKULWLVRUORQJWHUPMRLQWSUREOHPVZDV
KLJKHUWKDQHWHURVHXDOZRPHQEXWORZHUWKDELVHXDO
ZRPHQ

M 7KHVHOIUHSRUWHGSUHYDOHQFHRIORQJWHUPEDFNSUREOHPVZKLFK
LVKLJKHUWKDQHWHURVHXDOZRPHQLPLODUWRELVHXDOZRPHQ

M 7KHUHZDVKLJKHUVHOIUHSRUWHGSUHYDOHQFHRIORQJWHUPEXURORIFDO
FRQGLWLRQVLQHVELDQFRPSDUHGWRKHWHURVHXDOZRPHQ
7KHUDWHVZHUHKLJKHULELVHXDOZRPHQ

7KHUHLVOLPLWHGHYLGHQFHWRQHUVWDQGWKHSUHYDOHQHUDWHVRIHHQUDO
KHDOWKLPPbiPS

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2.6.2 Vaccination Programmes

7KHUHLVDODFNRIDYDLODEOHDFFLEHGDWDIRUOHVELDQSRSXODWLRQ

2.6.3 Sexual Health

/HVELDQDUHOHVVOLNHOWRXHVHXOKHDOWKFOLQFVWKDDPHEQVHXO
PHDQQWUDQSHRSOHFRUGLQRWKH/%72XDQERW5HSRUW
RIOHVELDQQQLFDWHGWKHKDGEHUYLVLWHGDVHXOKHDOWK
FOLQLFKZKLFKDVKLXHUWKDQOOWUDQSHRSOHDOOELVHXOVDQ
DPHQKHRPHUHQV(TXOLWLHV2IILFH1DWLRQO/%76XH\
UHSRUWHGWKDWLQHVELDQZEUHOHVVOLNHOWRFFHVVVHXOKHDOWK
VHUYLFHVFRSDUHGWRELVHXOZPHQ

2WKHUSXOLVKHGUHVHDUFKHLGHEHWKDW

M (WKQFPLQRULWLOHVELDQZEUHPRUHOLNHOWRDFFHVVVHUYLFHVWKDEWKQF
PLQRULWLELVHXOZPHQ

M RIOHVELDQQUHSRUWHGWREHOLQQWK+,9+XDQPPXQGHILFLHQ\
9LUXVDORZEUSURSRUWLRQRRPSDUHGWRKHWHURVHXOZPHQDQD\
PHQ

M RIOHVELDQZWKFHULFDOKXDSDSLOORPDLUXX+39KDGRVHXO
FRQDFWZWKPHQ1LVSHOOLQJQLVVXHVDQGRUVNLQQRWLFH
VHZWKPHQ 1+66FRWODQKDVLPSURYHGPHVVDLQURXQ+39
WUDQPLVVLRQWDWLQWKDW+39LVSUHGWKURXKVNLQRVNLQQWLPDWH
FRQDFWZDVLPSRUWDQIRUVRPHOHVELDQ7KLVKHOSHGWRHVWDEOLVKIWKHU
LPSRUWDEHIRUOHVELDQWRWDNHSDUWLQKFHULFDOVFUHHQLQURUGPH

M 7KXWKDWIHDWXHGDODUJHUHSUHVHQWDWLRQOHVELDQUHMDOHG
WKDWWKHPDLERHQHURVHXOFRQDFWZDVFDEHUIROORZHGEWKH
ULVNRIARWKHUBVHXOOWUDQPLWWHGLQIHFWLRQDQ+,9DQ$6

2.7.1 Diabetes

7KHUH LV D ODFN RI DYDLODEOH ORFDO DQG QDWLRQDO LQIRUPDWLRQ RQ WKH UDWHV RI GLDEHWHV DPRQJVW OHVELDQV /LPLWHG JOREDO HYLGHQFH SUHVHQWV PL[HG ILQGLQJV $ V\VWHPDWLF UHYLHZ RI LQWHUQDWLRQDO VWXGLHV IRXQG QR GLIIHUHQFH LQ UDWHV RI GLDEHWHV FRPSDULQJ OHVELDQV EL[HG KHWHURVH[XDO [ZRPHQ ZHUH PRUH OLNHO\ WR EH GLDEHWLF WKDQ WKHLU KHWHURVH[XDO FRXQWHUSDUWV LQ D VDPSOH IURP WKH 1RUWK :HVW 86$

2YHUDOO WKHUH LV D UHTXLUHPHQW IRU IXUWKHU UHVHDUFK ZKLFK LQYHVWLJDWHV WKH SUHYDOHQFH RI GLDEHWHV DPRQJVW WKH OHVELDQ FRPPXQLW\ 7KHUH LV DOVR D QHHG WR H[SORUH WKH TXDOLW\ RI VHUYLFH SURYLVLRQ IRU OHVELDQ GLDEHWLF SDWLHQWV WKH NQRZOHGJH RQ WKH SUHYHQWLRQ DQG PDQDJHPHQW RI GLDEHWHV DQG WKH DELOLW\ RI OHVELDQV WR UHJXODWH WKHLU EORRG JOXFRVH OHYHOV

2.7.2 Cardiovascular Disease (CVD)

$V RXWOLQHG LQ WKH REHVLW\ VHFWLRQ OHVELDQV KDYH EHHQ IRXQG WR KDYH KLJKHU UDWHV RI REHVLW\ DQG FHQWUDO DGLSRVLW\ IDW VWRUHG DURXQG WKH WRUVR ZKLFK LQFUHDVHV WKH ULVN RI GHYHORSLQJ &9'

)URP WKH SXEOLVKHG UHVHDUFK

- There was no difference in rates of CVD comparing lesbian and heterosexual women[82].
- There was inconclusive/weak evidence for lesbians having a marginally higher risk of developing cardiovascular disease than heterosexual counterparts (0.60% higher risk). The risk of developing CVD was ˆ˜Ìi˜Ãˆwi` LÞ i`ÕV>Ìˆœ˜ Ã[83]Ì>ÌÕÃ >˜`
- Compared to their heterosexual counterparts, lesbians had lower rates of heart attacks (adjusted odds ratio (AOR) = 0.62)[47].

7KHUH LV OLPLWHG FRQFOXVLYH HYLGHQFH FRQFHUQLQJ &9' SUHYDOHQFH DPRQJ OHVELDQV LQ WKH 8.

2.7.3 COPD (Chronic Obstructive Pulmonary Disorder) and Other Respiratory Illnesses

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0L[HG ILQGLQJV IRU K\SHUWHQVLRQ PD\ EH EHFDXVH JURXSV XVHG ZLWKLQ VXUYH\V DQG GLIIHUHQW WHFKQLTXHV 7KHUH QHHGV WR EH D JUHDWHU XQGHUVWDQGLQJ RI K\SHUWHQVLRQ DPRQJVW OHVELDQV DQG ELVH[XDO ZRPHQ DQG VHUYLFHV

2.7.5 Cancer

(PHUJLQJ HYLGHQFH VXJJHVWV WKDW VH[XDO DQG GHPDUH DW D KLJKHU ULVN IRU EUHDVW FHUYLFDO FDQFHUV DQG SRRU FDQFHU RXWFRPHV 7KH ULVN IDFWRUV DQG KHDOWK FDUH V\VWHP IDFWRUV VXFK DV QHJDWLYH KHDOWK FDUH LQWHUDFWLRQV ZLWK SURYLGHUV 0RUH UHVHDUFK VXJJHVWV WKDW D ODFN RI FOHDU JXLGHOLQHV IRU FDQFHU VFUHHQLQJ LQ VH[XDO QHJDWLYHO\ LPSDFWV FDQFHU VFUHHQLQJ XSWDNH

6SHFLILF WR WKH OHVELDQ FRPPXQLW\ IURP WKH SXEOLVKHG HYLGHQFH

M &HUYLFDO FDQFHU DIIHFWV OHVELDQV EXW XSWDNH RI VFUHHQLQJ LV SDWFK\ DQG OHVELDQV DUH OHVV OLNHO\ WR WDNH XS FDQFHU

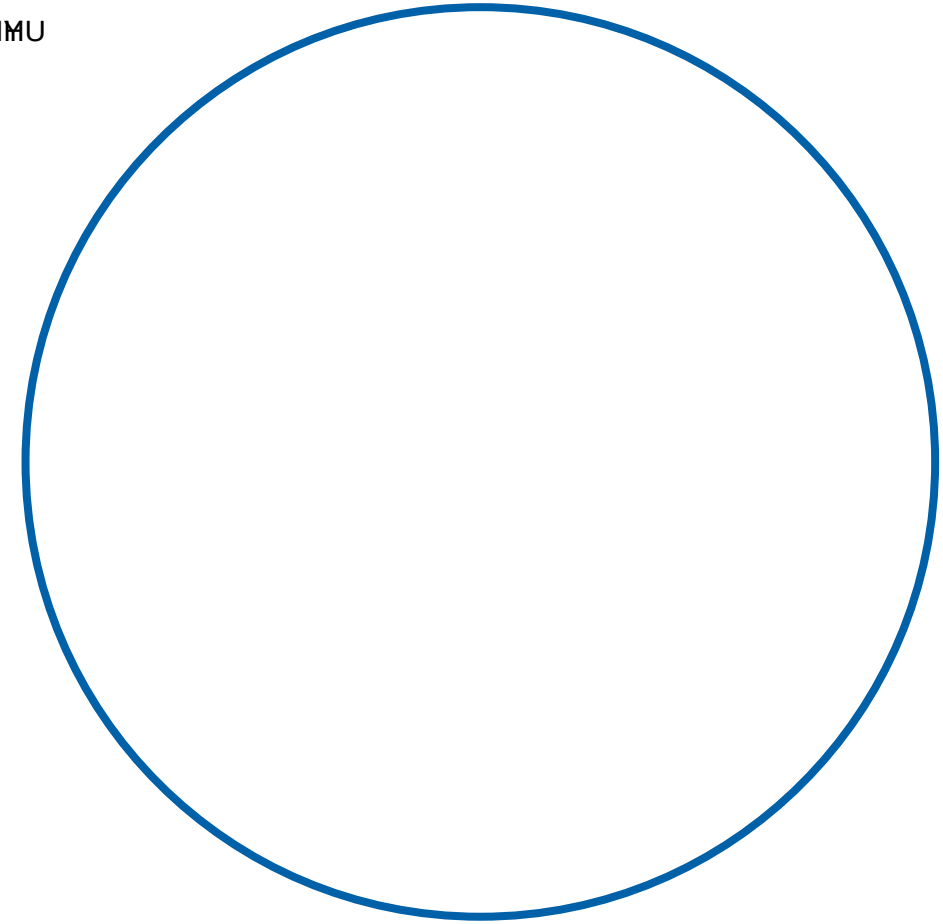
M &RPSDUHG WR KHWHURVH[XDO ZRPHQ HYLGHQFH PD\ EH D KLJKHU SUHYDOHQFH RI FHUWDLQ W\SHV RI FDQFHU DPRQJ OHVELDQ ELVH[XDO ZRPHQ WKHVH LQFOXGH PHVRWKHOLRPD RUR SKDU\QJHDO FDQFHU VWRPDFK FDQFHU DQG HQGRPHWULDO FDQFHU

M $FURVV DOO FDQFHUV LQ WKH 8. WKHUH ZDV QR GLIIHUHQFH LQ WKH SUHYDOHQFH RI FDQFHU LQ WKH ODVW ILYH \HDUV LQ OHVELDQ DQG ELVH[XDO ZRPHQ FRPSDUHG WR KHWHURVH[XDOV UHIOHFWLQJ UHVXOWV IURP LQWHUQDWLRQDO UHVHDUFK 5HVHDUFK IURP 'HQPDUN VKRZHG ZRPHQ LQ VDPH VH[UHODWLRQVKLSV KDG FDQFHU ULVNV VLPLODU WR DOO 'DQLVK ZRPHQ

M /HVELDQ &DQFHU &DUH &RQVRUWLXP &DQFHU &DUH &RQVRUWLXP &DQFHU &DUH &RQVRUWLXP

2.7.7 End of Life

7KHUHLVOLPLWHGLQRUPDWLRQERXWHQRIOLIHFDUHIRUROGHUOHVELDQ+RZHYHU
UHVHDUFKKDVVKRZVWHGWKDWFDUHKRPHVRIWHQDHVXSRUWJURXSWKH
PDMRULWRIZLFKDUHQW/%7VSHFLILFKLFK/%7SHRSOHPDLHO
QRPIRUWDEOHDWWHQLQHWRUHIHUHQHVWRWKHLUGHPRQZR
LGHQWLILHVDV/%7PDLHOQRPIRUWDEOHRUIDUIURZLQ
WKHLUSHUVRQOOLIHLFOXLQKHVDPHVHSDUWEUDQRUDQRSRUWLH
IDPLOHEHUDGLVFXVLRQURQVHOLWDPRQWROGHUSHRSOHUHPDLQ
WDERR7KLVPDOHGWRIHHOLQRILVRODWLRQORQHOLQHVVDPRQWHOGHUO\
OHVELDQHVLGHQWLWLQ



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% of students
who felt
like their
health was
worsened
due to
COVID-19

WORRIED ABOUT
SICKNESS OF

- 6RPH SHRSOH ZHUH ZRUULHG WKDW WKH\ KDG ORVW VRFLDO QHWZRUNV GXULQJ WKH SDQGHPLF DQG PD\ QRW UHFRYHU LQ VFKRRO VWXGHQWV VDLG WKH\ ZHUH CORQHO\ DQG VHSDUDWHG IURP WKH SHRSOH WKH\BUH FORVHVW WRD GXULQJ WKH SDQGHPLF
- 'XULQJ WKH SDQGHPLF ROGHU OHVELDQV ZKR ZHUH KDG H[SHULHQFHG IDPLO\ VRFLDO HVWUDQJHPHQW ZHUH XQDEOH WR DFFHVV VHUYLFHV RU IULHQGO\ FRPSDQ\ GXULQJ LVRODWLRQ
- 6RPH OHVELDQ JD\ ELVH[XDO DQG RU WUDQV SHRSOH IHOW OLNH WKHLU VH[XDOLW\ KDG D VLJQLILFDQW LPSDFW RQ WKHLU H[SHULHQFH RI &29,' LQFOXGLQJ IHDUV RI GLVFULPLQDWLRQ
- 6SHFLILF FRQFHUQV UHODWLQJ WR WKH SDQGHPLF ORFNGRZQV XQDEOH WR VHH IULHQGV ZRUULHG DERXW WKH KHDOWK RI IULHQGV DQG IDPLO\ FRQFHUQHG DERXW GHFUHDVHG ZHOOEHLQJ
- 5HVHDUFK GHPRQVWUDWHV WKDW GXULQJ WKH &29,' SDQGHPLF WKH FRSLQJ PHFKDQLVPV LQ UHVSRQVH WR VWUHVV DGRSWHG E\ VRPH OHVELDQV ZDV XQKHDOWK\ VXFK DV ELQJH HDWLQJ DQG VHOI KDUPLQJ

$ ODFN RI UHVHDUFK ZDV DYDLODEOH LQYHVWLJDWLQJ WKH LOOQH VHIHVpP

3. Conclusion

$ FRPSUHKHQVLYH FRPPXQLW\ KHDOWK SURILOH WKDW ZRXOG DOORZ IRU DQ XQGHUVWDQGLQJ RI WKH 8. OHVELDQ SRSXODWLRQ DQG WKHLU KHDOWK QHHGV UHTXLUHV D UREXVW DQG YDOLG HYLGHQFH EDVH RQ ZKLFK WR GUDZ

:KHQ VWXG\LQJ WKH OHVELDQ SRSXODWLRQ D SDUWLFXODU FKDOOHQJH LV WKDW WKH\ KDYH QRW KLVWRULFDOO\ EHHQ LQFOXGHG LQ SRSXODWLRQ EDVHG GDWD FROOHFWLRQ 7KHUHIRUH WKHUH LV OLPLWHG QDWLRQDO DQG ORFDO GDWD WR DOORZ D UREXVW XQGHUVWDQGLQJ RI WKLV SRSXODWLRQ DQG D UHOLDEOH DVVHVVPHQW RI WKHLU SXEOLF KHDOWK QHHGV ,Q PDQ\ DUHDV WKHUH LV QR VSHFLILF OLWHUDWXUH DW DOO ,Q RWKHU DUHDV WKH DYDLODEOH GDWD LV OLPLWHG DQG SURQH WR PHWKRGRORJLFDO GUDZEDFNV

7KH ODFN RI LQFOXVLRQ RI VH[XDO RULHQWDWLRQ DQG JHQGHU LGHQWLW\ LQ URXWLQH GDWD FROOHFWLRQ PHDQV IHZ VWXGLHV KDYH D ODUJH HQRXJK VDPSOH RI OHVELDQV WR DQDO\VH DQG FRPSDUH OHVELDQV ZLWK RWKHU FRPSDUDWRU JURXSV 7KLV WKHUHIRUH

4. Appendices

Appendix 1: List of organisations

Appendix 2: Key word searches

Getting the best start in life	Mental wellness and balance	Healthy and affordable food	Active at every age and ability	Working and learning well
*HQHUDO C/HVELDQD 25 CVDPH VHZ&â				

Appendix 3: Inclusion and exclusion criteria

Age group	Language	Publication type	Availability	Time limit
$Q\ DJH JURXSV	(QJOLVK /DQJXDJH	3LHFHV RI SHHU UHYLHZHG DQG 3XEOLVKHG KLJK TXDOLW\ JUH\ OLWHUDWXUH DFDGHPLF RU VFLHQWL1L F7OLWHUDWXUH ZKHWKHU D MRXUQDO DUWLFOH UHSRUW RU GRFXPHQWV UHODWLQJ WR WKH VSHFLILHG KHDOWK DQG ZLGHU GHWHUPLQDQWV LVVXHV DPRQJ OHVELDQV LQ WKH 8. 3XEOLFDWLRQV H[FOXVLYH WR SHRSOH ZKR DUH OHVELDQ 3XEOLFDWLRQV ZLWK DW OHDVW OHVELDQ SRSXODWLRQ VDPSOH UHSUHVHQWDWLRQ	)XOO WH[W 3XEOLVKHG DUWLFOHV RQO\ OLWHUDWXUH UHYLHZV	3XEOLVKHG

Appendix 4: Sexual orientation in the UK population, 2019
UK population proportions by sexual identity 2019

Sexuality	% of Population
+HWHURVH[XDOVWUDLJKW	
*D\OHVELDQ	
%LVH[XDO	
2WKHU	
RQWNQRZQHIXH	

Appendix 5: Estimated distribution of lesbian and bisexual women by age: UK, 2019

Age	% of lesbian and bisexual women population

Appendix 6: Estimated distribution of lesbians by self-identified race/ethnicity: UK, 2018

Appendix 8: Deliveries among lesbian women at BWC and UHC: 2019-2021

Delivery Month	Deliveries among lesbian mothers - BWC	Total Deliveries BWC	% of Lesbian Women Delivering at BWC
0DU			
0D\			
-Q			
$			
2FW			
1RY			
HF			
-DQ			
)HE			
0DU			
$U			
-Q			
$			
6HS			
2FW			
1RY			
0DU			
$U			
-Q			
-O			
2FW			

5. Acknowledgements

Authors:

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-RH0HUULPDQ%LUPLQJKDP&LW\8QLO

7KHGHVLJQHUVRIWKH/HVELDQPPQW+HDOWK3URILOHZRXOGOLNHWRWKDQNDVVLVWHGEWKHIROORZLQJSHRSOH

6DUDK6SHDUL%LUPLQJKDP&LW\8QLO

0DUN(OOEHUW%LUPLQJKDP&LW\8QLO

-RUGDQJUDE\%LUPLQJKDP&LW\8QLO

7DULUR0DQLVRGJD%LUPLQJKDP&LW\8QLO

5KV\RHU%LUPLQJKDP&LW\8QLO

RFFXSDWLRQDOWKHUDSLVWV

-XVWLQDUE\%LUPLQJKDP&LW\8QLO

5LFN\KDQQDO%LUPLQJKDP&LW\8QLO

7HVVD/LQILHOG%LUPLQJKDP&LW\8QLO

6DUDK&R[RUG3XEOLF+HDOWK5HJLVWUDU

Contributors:

5LFN\KDQQDOK6HUYLFH/HDG%LUPLQJKDP&LW\8QLO

&URROLQH&KLRWRK6HQLRU2IILFHU%LUPLQJKDP&LW\8QLO

6DUDK6SHDUL6HQLRU2IILFHU%LUPLQJKDP&LW\8QLO

-RVHSK0HUULPDQ6HQLRU2IILFHU%LUPLQJKDP&LW\8QLO

5KV\RHUK2IILFHU%LUPLQJKDP&LW\8QLO

6DPDQHU5RELQVRQ6XSSRUW2IILFHU%LUPLQJKDP&LW\8QLO

-RUGDQJUDE\K*UDGXDWH2IILFHU%LUPLQJKDP&LW\8QLO

7DULUR0DQLVRGJD*UDGXDWH2IILFHU%LUPLQJKDP&LW\8QLO

0DUN(OOEHUW*UDGXDWH2IILFHU%LUPLQJKDP&LW\8QLO

1DJLQDKDQ*UDGXDWH2IILFHU%LUPLQJKDP&LW\8QLO

U-XVWLQDUE\KLUHFWRURI3XEOLF+HDOWK%LUPLQJKDP&LW\8QLO

7HVVD/LQILHOGKS\VLVWDQVLUHFWRURI3XEOLF+HDOWK%LUPLQJKDP&LW\8QLO

0RGXH2PQMRSVLVWDQVLU

6DUDK6SHDUL&DGRGXKsp0RGV%-pP0Ôen-GB77005C0003002600520000280051

9GNNU /$. .CPI 50 5WRRQTVKPI UCOG UGZ OQVJGTU JKTKIVJG#PQGZEKEJCWFQPGQNVRQXGTV[CPF UGZWCN
,GNF C U[UVGOCVKE NKVGTCVWTG TGXKGY CPF OGVCQWPEJGUKU QHUWJGVQVCHQGTP5QEKCN CPF 'EQPQO
GSWCN EQWPVTKGU ,QWTPCN QH %NKPKECN 0WTUKJVRU YYY RQXGTV[CE WM GFKVQTKCN RQXGTV[C

*QFUQP - /GCFU % $GYNG[5 .GUDKCP CPF DKUGZWWNUQOGJCURNKMGVKCQHF*QHPGSWCNKV[COQPI NG
DGEQOKPI RTGIPCPV C U[UVGOCVKE TGXKGY CPF OGVCPCUNFGKTUTS,W)RU KP VJG 7- C TGXKGY QH GXKI
'EQPQOKE CPF 5QEKCN 4GUGCTEJ #XCKNCDNG H

4GE\GM % 5GZWCN CPF IGPFGT OKPQTKV[HCOKNKGU # VQ FGECFG KP UGTXKEG JQX WM IQXGTPOGPV WRNQCFU U[UVGO WR
TGXKGY ,QWTPCN QH /CTTKCIG CPF (COKN[,NG A4'2146A.)$6AGXKFGPEGATGXKGYA0+'5

$CUTC 4 6QVCN PWODGT QH NGUDKCP EQOOWPKV[YQOGP FGNKXGTGF CV VTWUV $TCENQY $CTVTCO ( )WCUR # ,CFXC 8 5EJQQN TO
DGVYGGP /CTEJ CPF 1EVQDGT HQT $9% CPF NGUDKCP IC[DK CPF VTCPU [QWPI RGQRNG KP $TK
7*$ 5VQPGYCNN CPF VJG 7PKXGTUKV[QH %CODTKFIG

9KNNKCOU * 8CTPG[, 6C[NQT , (KUJ , &WTT 2 'NCP %CPG % 6JG NGUDKCP YYY UVQPGYCNN QTI WM U[UVGO ,NGU VJGAUEJQQN
IC[DKUGZWCN CPF VTCPU RWDNKE JGCNVJ QWVEQOGU HTCOGYQTM EQORCPKQP)WCUR # 6JG UEJQQN TGRQTV 6JG GZRGTKGPEGU Q
FQEWOGPV .QPFQP &*5% #XCKNCDNG HTQO JVVRU YYY FGTD[IQX WM OGFKC 5EQVNCPFoU UEJQQNU .QPFQP 5VQPGYCNN #X
FGTD[EKV[EQWPEKN EQPVGPVCUUGVU FQEWOGPVU JGCNVJCPFUQEKCNECTG LUPC CFWNVU UVQPGYCNNUEQVNCPF QTI WM TGUQWTEGU UEJQQN
RWDNKEJGCNVJQWVEQOGUHTCOGYQTM NIDV EQORCPKQP RFH

%JGTIWKV , $WTPU , 2GVVNG 5 6CUMGT (.GUDKCP 'NNKUQP))WPUVQPG $ 5GZWCN QTKGPVCVKQP GZ
OCVGTPKV[JGCNVJECTG UGTXKEGU ,QWTPCN QH #FXCPEGF 0WTUKPI EQ QQVJGTU0 GZRGTKGPEGU QH CVVTCEVKQP DGJCXKQWT CPF CVVKVWFGU KP 4KIJVU %QOOKUUKQP
78.

/GCFU % 2GPPCPV / /E/CPWU , $C[NKUU 5 # U[UVGOCVKE TGXKGY QH NGUDKCP 5VQPGYCNN)$63 HCEVU CPF ,IWTGU#XCKNCD
IC[DKUGZWCN CPF VTCPUIGPFGT JGCNVJ KP VJG 9GUV /KFNCPFU TGIKQP QH VJG 7- UVQPGYCNN QTI WM OGFKC NIDV HCEVU CPF ,IWTGU
EQORCTGF VQ RWDNKUJGF 7- TGUGCTEJ)WCUR # 'NNKUQP) 5CVCGRQTV6JG VGCEJGTUoQHEQORTQOKE D
KP $TKVCKPoU UEJQQNU KP #XCKNCDNG HTQO J
)TCOOGT #% $[TPG /' 2GCTNOCP #6 -NGKP &# 5EJXG[0# 1XGTYGKJV TGUUOWTEGU VGCEJGTU TGRQTV
CPF QDGUKV[KP UGZWCN CPF IGPFGT OKPQTKV[HCOKNKGU $CTPGU ' 5VWFGPV .)$6 UWTXG[$KTOKPIJCO $KTO
1DGUKV[4GXKGYU #XCKNCDNG HTQO JVVR YYY UEJQQNU QWV QT

#PEJGVC #, %CEGTGU $# ,CEMOCP -$ -TGW\G ' *WIJGU 6. 5GZWCN KFGPVKV[QH $KTOKPIJCO2TGXGNCPEGQH*QOQRJQDKC5
FKHHGTGPEGU KP JGCNVJ DGJCXKQTU CPF YGKIJV UVCVWU COQPI WTDCP JKIJ UEJQQN
UVWFGPVU ,QWTPCN QH $GJCXKQTCN /GFKEKPG RFH

5JCJCD . $TQYP , *CIIGT ,QJPUQP) /KEJKG 5 5GON[GP , 9GUV 4 /GCFU
% 5GZWCN QTKGPVCVKQP KFGPVKV[CPF VQDCEEQ CPF JC\CTFQWU CNEQJQN WUG
,PFKPIU HTQO C ETQUU UGEVKQPCN 'PINKUJ RQRWNCVKQP UWTXG[$/, 1RGP
G

&GRCTVOGPV QH *GCNVJ CPF 5QEKCNKPGUJG7-2%[UKGEN CEVKXKV[IWKFGN
/GFKECN 1H,EGTUo TGRQTV .QPFQP &*5% #XCKNCDNG HTQO JVVRU YYY
IQX WM IQXGTPOGPV RWDNKECVKQPU RJ[UKECN CEVKXKV[IWKFGNKPGU WM EJKGH OGFKECN
QH,EGTU TGRQTV

.)$6 (QWPFCVKQP p+ 'ZKUVJG p+K'ZKUVIU HWTQXGV QH NGUDKCP IC[
CPF DKUGZWCN RGQRNG KP VJG 7- /CPEJGUVGT .)$6 (QWPFCVKQP #XCKNCDNG
HTQO JVVRU FZH[NT\DR[YT ENQWFHTQPV PGV (KNGU FC H G FDE
DD F HC + 'ZKUV RFH

6JG 0CVKQPCN .)$ 6 2CTVPGTUJKR 5WTXG[QH GZGTEKUG RJ[UKECN CEVKXKV[KPÂ•@€`#`#`#`#`#`#`#`#` Y7F6
HTQO JVVRU6JGPFCVHQ° Ð KZK

A BOLDER HEALTHIER BIRMINGHAM